

SUGGESTED PACKING CHECKLIST – ASP

Bedtime

- ☐ aerobed (twin size only) or foam pad
- ☐ sleeping bag or sheets/blanket
- ☐ pillow

Work Clothes

- ☐ 2 or 3 pairs jeans/long pants
- ☐ 5 work t-shirts
- ☐ 1 long sleeve work shirt
- ☐ high socks
- ☐ work boots
- ☐ rain poncho
- ☐ hat/bandana

Clothes

- ☐ short sleeve shirts
- ☐ modest shorts / mid-thigh to knee length
- ☐ comfy shorts/tee for sleeping
- ☐ light jacket
- ☐ short socks
- ☐ sneakers
- ☐ sandals
- ☐ modest bathing suit
- ☐ underwear

Shower

- ☐ soap & shampoo
- ☐ towel
- ☐ washcloth
- ☐ flip flops for showers

Personal Items

- ☐ necessary medications
- ☐ feminine supplies
- ☐ laundry bag
- ☐ razor
- ☐ brush/comb
- ☐ hair accessories to keep hair back
- ☐ deodorant
- ☐ toothbrush & toothpaste
- ☐ add'l toiletries/contact solutions, etc.
- ☐ sunscreen

Miscellaneous

- ☐ assigned tools
- ☐ water bottle
- ☐ insect repellent
- ☐ flashlight
- ☐ extra batteries
- ☐ fan (check with crew leader)
- ☐ playing cards/small games
- ☐ pens for Tex Messages
- ☐ camera
- ☐ sunglasses
- ☐ Bible
- ☐ musical instruments
- ☐ multiple face masks

Additional Information

Do not bring laptops, TVs, stereos or lots of money. If you bring your cell phone, you may not use them at the work site. Although we do the best we can, we cannot ensure the security of any valuable items.

Laundry facilities are NOT available so bring enough clothes for the entire week. Expect a week of dirt, sweat, paint and mud. Do not pack your favorite shirt or best jeans for work.

Please remember that you are representing a faith based Christian organization to the Appalachian community. **Your dress needs to be modest, sensitive to the culture, and safe.**

Sweatpants, shorts, half shirts, halter tops are not allowed at the work site. All clothing worn at the center must be modest (i.e. no short shorts, halters, tank tops). Shorts must be mid-thigh or knee length. Apparel may not display beer/alcohol slogans, political affiliation or obscenities.

How to Pack

Pack two bags: a bag for the week and an overnight bag for the trip down Saturday & Sunday.

Use a soft duffle bag for your week bag – no hard sided suit cases or bags with wheels. You will bring your week bag to Jesse Lee Friday evening before the trip. Make sure that you check in with your crew leader and place your week bag in your crew van. If your bag goes to the wrong place, it cannot be retrieved.

Be sure you have everything in your overnight bag that you will need for Saturday night and Sunday – sleeping clothes, fresh clothes for the morning, medications, toothbrush, deodorant and so forth. You will not have access to your week bag until you arrive at the center on Sunday afternoon.

Bring a Lunch

Be sure to bring a bag lunch that you can eat on the way down Saturday. We stop at a rest stop for lunch where there is no place to buy food.